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Name of Event: Primary Health Care Nursing Skills-Building Workshop

Location: Baku, Azerbaijan

Dates: May 21-24, 2001

Purpose:

This was the third in a series of practical workshops that are being held in the various NIS regions to strengthen nursing skills in AIHA's partnerships. A steering committee consisting of a US and NIS partner nurse from each of the four NIS regions met to identify training priorities and develop an appropriate curriculum. The workshop focused on physical assessment, patient education, communication, and health promotion with a special focus on refugee/IDP health. It was designed to provide training to the nurses as well as opportunities for cross-partnership collaboration.

Participants and Faculty:

Four nurses from each AIHA partnership in Azerbaijan participated in the event. The three Azeri members of AIHA's International Nursing Leadership Institute also participated (15 nurses participated total). Five US and one Azeri faculty, all AIHA partners, conducted the sessions. Faculty included:

- Darlene Weis, Milwaukee-Mktsheta Partnership
- Barbara Fisher, Boulder-Dushanbe Partnership
- Gail Osterbur, Boulder-Dushanbe Partnership
- Barbara Beasley, Boulder-Odessa Partnership
- Jackie Paulson, Corvallis-Uzhgorod Partnership
- Sevinj Hashimova, Baku-Portland Partnership

Description of Event:

The first two days of the workshop consisted of training on physical assessment. Each participant received a physical assessment kit consisting of: stethoscope, blood pressure cuff, ear scope, pen light, tuning fork. The faculty began each of the first two days lecturing on physical assessment for adults and children, and in the afternoon, the nurses practiced hands-on skills. Each nurse was checked off on a list of competencies by the faculty. On the third day of the workshop, the faculty taught communication skills and patient education for the nurses, using interactive games and exercises. The Azeri faculty member made a presentation on patient education on contraception in the refugee/IDP camp setting. Participants were encouraged to create educational posters. On the final day, the faculty taught health promotion, with a special emphasis on nutrition and refugees/IDPs.

Collaborating Organizations:

Outcomes:

The workshop's primary outcome was the development of new patient care skills, with a focus on care for refugees. Certificates of participation were awarded to all nurses who attended the workshop, and each nurse received an assessment kit. Workshop evaluation was highly positive.

Appendix 1: Agenda

Nursing Clinical Skills Building Workshop Baku, Azerbaijan

May 21-24, 2001

Workshop Objective: Provide nurse participants with beginning physical assessment skills for primary health care in working with IDP and refugee populations. Teach practical skills in health promotion, patient education, and communication, especially considering the special needs of refugee/IDP populations. Workshop includes practice sessions.

| <u>Day One - Monday, May 21</u> | | |
|--|---|--------------------|
| 9:00 - 10:30 | Welcome, Faculty and participant introductions, Overview of workshop, review of agenda Objectives and ground rules for the course | Weis |
| 10:30 - 10:50 | Break | |
| 10:50 - 12:30 | Nursing History | Osterbur / Beasley |
| 12:30 - 1:30 | Lunch | |
| 1:30 - 3:00 | Physical Assessment Overview | Osterbur / Beasley |
| 3:00 - 3:20 | Break | |
| 3:20 - 5:00 | Physical Assessment in relation to IDP/ Refugee Populations | Osterbur / Beasley |

| <u>Day Two - Tuesday, May 22</u> | | |
|---|---|--------------------|
| 9:00 - 10:30 | Physical Assessment in relation to IDP/ Refugee Populations | Osterbur / Beasley |
| 10:30 - 10:50 | Break | |
| 10:50 - 12:30 | Physical Assessment in relation to IDP/ Refugee Populations | Osterbur / Beasley |
| 12:30 - 1:30 | Lunch | |
| 1:30 - 3:00 | Physical Assessment in relation to IDP/ Refugee Populations | Osterbur / Beasley |
| 3:00 - 3:20 | Break | |
| 3:20 - 5:00 | Physical Assessment-Conclusion | Osterbur / Beasley |

| <u>Day Three - Wednesday, May 23</u> | | |
|---|--|-----------|
| 9:00 - 10:30 | Communication Overview | Fisher |
| 10:30 - 10:50 | Break | |
| 10:50 - 12:30 | Communication in IDP/Refugee Camps | Fisher |
| 12:30 - 1:30 | Lunch | |
| 1:30 - 3:00 | Patient Education | Fisher |
| 3:00 - 3:20 | Break | |
| 3:20 - 5:00 | Patient Education in IDP/Refugee Community Outreach Settings | Hashimova |

| <u>Day Four - Thursday, May 24</u> | | |
|---|------------------------------------|----------------|
| 9:00 - 10:30 | Health Promotion Overview | Weis / Paulson |
| 10:30 - 10:50 | Break | |
| 10:50 - 12:30 | Health Promotion for IDPs/Refugees | Weis / Paulson |
| 12:30 - 1:30 | Lunch | |
| 1:30 - 2:30 | Health Promotion | Weis / Paulson |
| 2:30 - 2:45 | Break | |
| 2:45 - 3:30 | Evaluation of workshop | Weis |
| | Presentation of certificates | Faculty |

Appendix 2: Participant List

Workshop Students

| | |
|--------------------------------|---|
| Bayaz Suleymanova, Area Nurse | Polyclinic #8 |
| Gezal Aliyeva, Area Nurse | Outpatient Department #39, City Hospital #6 |
| Hayala Madatova, Nurse | Emergency Department, Mir Kasimov Republican Clinical Hospital |
| Lala Zaliyeva, Area Nurse | Pediatric Polyclinic #6 |
| Larisa Musayeva, Nurse | Outpatient Department, Mir Kasimov Republican Clinical Hospital |
| Marziya Abbasova, Area Nurse | Polyclinic #8 |
| Nahayat Mammadova, Chief Nurse | Ophthalmology Department, Mir Kasimov Republican Clinical Hospital |
| INLI participant | Mir Kasimov Republican Clinical Hospital |
| Nazila Orujova, Area Nurse | Pediatric Polyclinic #20 |
| Rasmiya Zeynalova, Area Nurse | Pediatric Polyclinic #14 |
| Samira Hidirova, Nurse | Outpatient Department, Mir Kasimov Republican Clinical Hospital |
| Sevinj Veliyeva, Nurse | Pediatric Department, City Hospital #6 |
| INLI participant | |
| Shura Ismayilova, Area Nurse | Pediatric Polyclinic #11 |
| Tarana Salmanova, Nurse | Maternity Department, Mir Kasimov Republican Clinical Hospital |
| Zulfiya Agalarova, Area Nurse | Polyclinic #10 |