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Event: Primary Health Care Nursing Clinical Skills Building Workshop

Location: Kyiv, Ukraine

Dates: July 17-20, 2001

Purpose:

Provide nurse participants with beginning physical assessment skills in a primary health care polyclinic. Teach practical skills in health promotion, patient education, and communication.

Participants:

Four nurses from six Ukrainian PHC partnerships, one Moldovan PHC partnership and one Belarusian PHC partnership participated in the workshop (see Attachment 2).

Description of Event:

The four-day workshop included lectures and practice sessions.

Five US and one NIS faculty conducted the workshop. The members of the faculty were:

- Jackie Paulson, Linn Benton Community College, Corvallis-Uzhgorod Partnership;
- Darlene Weis, Marquette University College of Nurses, Milwaukee-Mtskheta Partnership;
- Barbara Beasley, Boulder Community Hospital, Boulder-Odessa Partnership;
- Judith Trapp, Boulder Community Hospital;
- Laure Lisk, Boulder Community Hospital; and
- Anna Puginskaya, Velykyi Bereznyi Central Hospital, Uzhgorod-Corvallis Partnership.

The participants were divided into two groups. During the first two days the first group received training on physical assessment. In the morning the participants had lectures on physical assessment for adults and children, and in the afternoon, the nurses practiced hands-on skills. During the physical assessment session each participant received a physical assessment kit consisting of stethoscope, blood pressure cuff, ear scope, pen light and tuning fork. Each nurse was checked off on a list of competencies by the faculty. On the third and fourth day the participants were taught communication skills, patient education and health promotion. The sessions consisted of lectures, interactive games and exercises. The NIS faculty member made a presentation on Stress Prevention and Management. The second group received the same training but in opposite order.

During the workshop the participants received a homework that they presented at the end of the workshop. They were divided into four groups and each group created and presented an educational poster using supplies provided by the faculty.

At the end of the workshop the participants received certificates and the *Where There is No Doctor* book.

Outcomes:

The main outcome was that the nurses received practical skills in physical assessment as well as communication, patient education and health promotion. Workshop evaluation was highly positive.

Attachment 1

PHC Nursing Clinical Skills Building Workshop Kyiv, Ukraine July 17-20, 2001

The participants will be divided into Groups A & B. Each group will experience physical assessment, communication, patient education, health promotion, and community outreach. The content will be run simultaneous for 4 days.

All participants will meet together for 1½ hours then break into Groups A and Group B.

Group A

July 17, Tuesday	July 18, Wednesday	July 19, Thursday	July 20, Friday
10:30-12:00 Welcome & introductions	9:00-10:30 Physical Assessment	9:00-10:30 Communication	9:00-10:30 Health Promotion
12:00-12:20 Break	10:30 -10:50 Break	10:30 -10:50 Break	10:30 -10:50 Break
12:20-2:00 Nursing History	10:50-12:30 Physical Assessment	10:50-12:30 Communication	10:50-12:30 Health Promotion
2:00-3:00 Lunch	12:30-1:30 Lunch	12:30-1:30 Lunch	12:30-1:30 Lunch
3:00-4:30 Physical Assessment	1:30-3:00 Physical Assessment	1:30-3:00 Patient Education	1:30-2:30 Discussion time
4:30-4:50 Break	3:00-3:20 Break	3:00-3:20 Break	2:30-3:30 Evaluation
4:50-6:30 Physical Assessment	3:20-5:00 Physical Assessment	3:20-5:00 Patient Education	3:30 Presentation of Certificates

Group B

July 17, Tuesday	July 18, Wednesday	July 19, Thursday	July 20, Friday
10:30-12:00 Welcome & introductions	9:00-10:30 Patient Education	9:00-10:30 Nursing History	9:00-10:30 Physical Assessment
12:00-12:20 Break	10:30 -10:50 Break	10:30 -10:50 Break	10:30 -10:50 Break
12:20-2:00 Communication	10:50-12:30 Health Promotion	10:50-12:30 Physical Assessment	10:50-12:30 Physical Assessment
2:00-3:00 Lunch	12:30-1:30 Lunch	12:30-1:30 Lunch	12:30-1:30 Lunch
3:00-4:30 Communication	1:30-3:00 Health Promotion	1:30-3:00 Physical Assessment	1:30-2:30 Physical Assessment
4:30-4:50 Break	3:00-3:20 Break	3:00-3:20 Break	2:30- 3:30 Evaluation
4:50-6:30 Patient Education	3:20-5:00 Discussion time	3:20-5:00 Physical Assessment	3:30 Presentation of Certificates

Attachment 2

Participant list				
No.	Name	Position	Institution	Partnership
1	Jackie Paulson	Nurse	US faculty	
2	Laure Lisk	Nurse	US faculty	
3	Darlene Weis	Nurse	US faculty	
4	Judy Trapp	Nurse	US faculty	
5	Barbara Beasley	Nurse	US faculty	
6	Anna Puginskaya	Nurse	NIS faculty	
7	Olga Chaban	Nurse	Odessa FMC	Odessa-Boulder
8	Natasha Slivka	Nurse	Odessa FMC	Odessa-Boulder
9	Lilia Arama	Nurse	Odessa FMC	Odessa-Boulder
10	Larina Podtynchenko	Nurse	Odessa FMC	Odessa-Boulder
11	Hanna Lavra	Head Nurse	Uzhgorod WWC	Uzhgorod-Corvallis
12	Anzhela Prisiazhnaya	Nurse	Uzhgorod WWC	Uzhgorod-Corvallis
13	Alla Kotlar	Chief Nurse	Velykyi Bereznyi FMC	Uzhgorod-Corvallis
14	Vasylyna Alakhiyarova	Nurse	Velykyi Bereznyi FMC	Uzhgorod-Corvallis
15	Larisa Golovashchuk	Head Nurse	Kyiv (Medical Territorial Association of Kharkiv district of Kyiv)	Kyiv-Philadelphia
16	Nadezhda Velichko	Head Nurse	Kyiv FMC	Kyiv-Philadelphia
17	Praskovya Mykolaychuk	Nurse	Kyiv FMC	Kyiv-Philadelphia
18	Marta Sennyk	Nurse	Lviv Family Medicine Center	Lviv-Cleveland
19	Natalya Hvosdynska	Nurse	Lviv Family Medicine Center	Lviv-Cleveland
20	Nadia Kozhushko	Nurse	Dobrosyn Family Medicine Center	Lviv-Cleveland
21	Ulyana Kinakh	Nurse	Zibolki Family Medicine Center	Lviv-Cleveland
22	Maya Nikulitsa	Nurse	Botanica Family Medicine Center	Chisinau- Norfolk

23	Veronika Greku	Nurse	Botanica Family Medicine Center	Chisinau- Norfolk
24	Anzhela Kochug	Nurse	University PHC Center	Chisinau- Norfolk
25	Natalia Syrbu	Nurse	University PHC Center	Chisinau- Norfolk
26	Galina Filimonova	Head Nurse	Minsk Polyclinic # 36	Minsk- New Brunswick
27	Lyudmila Buloychik	Chief Nurse	Therapeutical Department, Minsk Polyclinic # 36	Minsk- New Brunswick
28	Nina Kondratovich	Nurse	Minsk CVDP Center	Minsk- New Brunswick
29	Rozalia Aleksandrovich	Nurse	Minsk CVDP Center	Minsk- New Brunswick
30	Natalia Artemasova	Nurse	Kharkiv Areospace University Clinic	Kharkiv-La Crosse
31	Olga Birskaaya	Nurse	Kharkiv Areospace University Clinic	Kharkiv-La Crosse
32	Nina Popova	Nurse	Korobochkino Ambulatory	Kharkiv-La Crosse
33	Larisa Boldyzheva	Nurse	Korobochkino Ambulatory	Kharkiv-La Crosse
34	Lyudmila Zaplotnaya	Nurse	Donetsk Miners Health Center	Donetsk-Pittsburgh
35	Lyudmila Shurlakova	Nurse	Donetsk Miners Health Center	Donetsk-Pittsburgh
36	Lyubov Berezhnaya	Nurse Educator	Kramatorsk WWC	Donetsk-Pittsburgh
37	Irina Perepelitsa	Midwife	Kramatorsk WWC	Donetsk-Pittsburgh
38	Ilona Babenko	Director	Lviv NLRC	
39	Lyudmila Kapitonova	Director	Odessa NLRC	
40	Tatyana Chernyshenko	Department Head	MOH	