

This document was produced by the American International Health Alliance (AIHA) with support from the US Agency for International Development (USAID). This document is part of the EurasiaHealth Knowledge Network at [www.eurasiahealth.org](http://www.eurasiahealth.org).

EurasiaHealth resources are provided free of charge and are freely distributable. An electronic version of this document may be posted on another Web site for non-commercial purposes only, provided that the following conditions are met: the content may not be altered, credit is given to the EurasiaHealth Knowledge Network as the source of the document, notification is sent by e-mail to [webmaster@aiha.com](mailto:webmaster@aiha.com), and a reference to the EurasiaHealth Web site ([www.eurasiahealth.org](http://www.eurasiahealth.org)) is included in the credit notice. No fees may be assessed for access to EurasiaHealth materials.

AIHA and EurasiaHealth are not responsible for the opinions expressed in this document. The responsibility for the interpretation and use of the material lies with the reader. AIHA and EurasiaHealth disclaim responsibility for any errors, omissions, or other possible problems associated with this document.



*This information is made possible by the generous support of the American people through the United States Agency for International Development (USAID). The contents do not necessarily reflect the views of USAID or the United States Government.*



## **PHC Nursing Skills-building Workshop**

**Moscow, June 25-28, 2001**

### **Purpose:**

The goals of the workshop on developing skills for nurses for PHC partnerships included: 1) To provide participants with beginning physical assessment skills in a primary health care clinic, and 2) To teach practical skills in health promotion, communication and patient education.

### **Participants and Faculty:**

Thirty-three nurse practitioners and midwives from seven PHC AIHA partnerships and three WWCs in Russia were present. Five US nurse experts and a Russian nurse - a country representative in PHC Nursing Steering Committee served as trainers.

### **Description of Event:**

The four-day seminar covered the following issues: health assessment of child and adult, communication, patient education and health promotion, community outreach. The workshop schedule included lectures, group discussions and practice sessions. The workbook contained a lot of detailed materials on physical assessment, patient history, as well as on communication, health promotion and patient education.

The nurses were divided into two groups, each of which took a full course provided by the trainers. During health assessment part the participants learned how to obtain a relevant health history from an adult and pediatric patient, how to perform a basic physical examination of an adult and child and how to use universal precautions when caring for patients. The communication part of the course provided the participants with basics of communication including non verbal behavior components, patient education approaches and techniques, and health promotion issues including substance abuse prevention, healthy nutrition. During all intensive sessions, in order to fix gained skills and knowledge the nurses practiced with each other.

### **Outcomes:**

The participants received knowledge and skills used by their US colleagues. They took an advantage from a perfect combination of lectures and interactive and practical sessions. All of them received certificates on completion of the training as well as nursing kits, and the book *Where There is No Doctor*. The nurses learned how they could implement the gained knowledge in their daily routine practice. The participants were encouraged to share the information and workshop materials with their nurse colleagues and physicians. The taught course and its further dissemination would help to change an attitude to role and responsibilities of nurse, to make her a key person in primary health care.

The impact of the workshop is going to be assessed via a questionnaire three - four months later.