



Just For Nurses

Nursing Program Update

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AIHA's INLI Class III completes program requirements...

By Sharon Weinstein

Class III of AIHA's International Nursing Leadership Institute (INLI) completed a year of study in St. Petersburg, Russia from June 4-11. The class includes students from Russia, Ukraine, Moldova, Azerbaijan, Armenia and Georgia. Students were required to submit final project reports, a resume, and a manuscript for possible publication in a professional journal or newsletter. Guest faculty representing the Institute for Research and Education Consultation (IREC) of the American Nurses Credentialing Center (ANCC) presented information on the American Nurses Association Scope and Standards for Nurse Administrators. Vicki George, chief nurse executive for Aurora - Metro Health System,

Milwaukee, WI, described the applications for Individual Practice, Education, Collegiality, Ethics, Collaboration, Research, and Resource Utilization.

Highlights of the session were visits by two highly respected nurses. Valentina Sarkisova, president of the 56,000- member All Russian Nurses Association and a graduate of INLI Class I. shared her personal experiences with the students and stated that the lessons learned from INLI had enabled her to succeed as a nursing leader.

Sharon Weinstein and Maya Simonyan presented a session on Monitoring and Evaluation. They addressed the typical service model and identification of inputs, activities, outputs, and outcomes, stressing



Galina Popova addresses the group of INLI students.

the need to articulate 'indicators' and gave examples of indicators for typical programs, such as smoking cessation, reduction in teenage pregnancies, and health promotion.

Emily Fedullo, AIHA program officer, presented AIHA's initiative for cross-programs, including nursing. Outside evaluators, funding sources and others have recognized the need for a more formal strategy and to move monitoring and evaluation to an outcome oriented approach.

And, Galina Popova, a World War II nurse, shared the story of her career and what it was like to be a health worker during the War. She stimulated the group and brought participants to tears as she described her work as a sanitary nurse and her 'entry into practice.'

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Upcoming Nursing Events:

- Magnet Nursing Meeting- in conjunction with AIHA's Annual Conference, August 1-2



Moldovan nurse Maria Munteanu receives her certificate.

Nursing Coordination in Central Asia

By Darlene Weis and Fran Jaeger

This year's annual meeting of the Central Asia Regional Nursing Council, entitled "Primary Care Nursing Reform in Central Asia: Core Competencies and Educational Standards," was held April 23-25, 2002 in Almaty, Kazakhstan. Over 60 participants, representatives of Ministries of Health and Education, practitioners, and nursing specialists from Kazakhstan, the Krygyz Republic, Tajikistan, Turkmenistan, and Uzbekistan attended. Two nurse specialists from the USA, Susan Erwin, MSN, Associate Professor, Orvis School of Nursing, University of Nevada, Reno and Darlene Weis, PhD, Associate Professor, Marquette University

College of Nursing, Milwaukee, Wisconsin, facilitated the conference and conducted plenary sessions on curriculum design and the role of regulations.

A notable achievement of the meeting was the acceptance of the "Qualifications of Family Medicine Nurse/Core Competencies" document that had been developed through regional discussions by specialists in nursing and nursing education during the past year. This document will be presented to the Ministries of Health in each country. It is hoped that it will serve as a guideline for developing family medicine nurse education. The conferees also established sev-

eral work groups to focus on the development of a standard curriculum for family nurse education, standards for training and a regional certification exam. The work groups will meet on a regional basis and report to the CAR Nursing Council at the next regional conference.

This conference received financial support from the ZdravPlus Project of Abt Associates, the United States Agency for International Development (USAID), and Academic Educational Development (AED). The American International Health Alliance provided programmatic support of the conference in conjunction with its work with ZdravPlus.

Nursing at AIHA's Annual Conference

Several presentations may be of interest to nurses attending AIHA's Annual Conference, including:

Initiating and Sustaining a Professional Organization for Nurses by Galiya Zhuasbaeva (Thursday, 2pm)

The Role of the Council of Rectors and Nursing Council in Health Professions Education in Central Asia by Tulegen Chubakov (Thursday, 2pm)

Educational Requirements and Competencies of the Primary Care Nurse: A New Masters Program for Educating Primary Care Nurses by Lenka Spirudova (Friday 1:30pm)

Using Distance Learning Education to Train Nurse Educators by Alina Kushkyan (Friday 1:30pm)

Use of Health Fairs for Community Health Assessment in Armenia by Salpy Akaragian (Friday 1:30pm)

For the full agenda and more information about the 2002 Annual Conference, please check on [conference website](#). *Times and presentation titles are subject to change. Please refer to the agenda distributed at the conference for updates.

Velykyi Bereznyi Hosts Nursing Conference

By Jackie Paulson



Over 60 nurses from the rayon gathered on May 28 to attend what was hailed as the First Annual Nursing Conference. The Corvallis-Uzhgorod partnership cosponsored the event. The attendees were greeted by Victor Bodnar, Head Physician of the Central Rayon Hospital.

The conference began with Anna Puginskaya, Chief Nurse of the Central Rayon Hospital who gave an overview of the nursing changes in Velykyi Bereznyi since the opening of the Velykyi Bereznyi Family Clinic in December 2000. Anna stressed the need to be open to change as the nursing role expands and

nurses have more responsibility. Alla Koltlar, nurse and clinic administrator followed up on Anna's presentation and identified the functions a family nurse. She explained that family clinic nurses have a greater role in patient assessment, protecting patient confidentiality, patient education and in general managing the flow of patient traffic in the clinic. Anna Lavra, Head Nurse of the Uzhgorod Women's Wellness Center located in Uzhgorod Oblast Clinical Hospital described working with AIHA in the development of the Womens' Wellness Center.

Three nurses from Corvallis, Oregon, Jacqueline Paulson, Judith Kraft and Rachel Hagfledt presented Diabetes portion of the workshop. They used video clips, role play and exercise session as well as lecture to emphasize nursing role in preventing long term complications in the diabetic patient. The conference ended with closing remarks by Dr. Bohdana Mykyta, Head of the Velykyi Bereznyi Family Clinic. Dr. Mykyta invited all participants to the clinic and led them on a tour.



Alla Koltlar and Dr. Oksana Chopey discuss the role of a family practice nurse.



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About this Update

This is the second edition of what will be a quarterly update reporting on activities and successes of AIHA's nursing activities. It will be distributed to all volunteers working on various nursing activities as well as nurse coordinators from AIHA partnerships. We encourage contributions about any AIHA-related nursing activity. Submissions for next edition can be up to 250 words and should be submitted to Emily Adams Korff by September 15, 2002.

AIHA and Nursing

Skilled nursing professionals are a vital link to patient care and an essential component of any health system. In the NIS and CEE, however, nursing has been largely neglected. Since 1992, AIHA partners have been successfully working to establish nursing as an independent and vital profession, rather than a mere extension of the role of physicians. By breaking down barriers such as a lack of professional standards for nurses, a lack of an independent nursing care structure based on critical thinking, a systemic inability of nurses to engage in clinical or administrative decision-making processes, and a lack of baccalaureate- and advanced-level degree programs, AIHA partners have played a significant role in improving the status of nurses and, by extension, the quality of healthcare in these regions.

Russian Nurses Receive Primary Care Training Except from *Connections* article

Thirty nurse practitioners and midwives from eight AIHA primary healthcare partnerships in Russia attended a skills-building workshop May 13-16 in St. Petersburg. Hosted by one Russian and five US partnership nurses, the four-day workshop was designed to teach nurses to identify age-related changes that affect the functional status of elderly patients, to screen the mental capacity of people in this age group, and to assess their healthcare needs. In addition,

nurses learned about patient-specific, primary-care skills related to child, adolescent, mental, and dental health, as well as enhanced their knowledge about asthma care, and time management.

For the full article on this workshop, please refer to AIHA's [Connections](#) Newsletter online.



Russian nurses practice asthma education techniques.