

The Dalila Women's Wellness Center is an outpatient clinic furnished with modern medical equipment and a wide range of educational materials. The Center's motto is "Healthy Woman, Healthy Child, Healthy Family," and our mission is to provide maximum benefit in minimum time. While a visit to a doctor is rarely delightful, at our Center the staff greets the patient with a warm welcome, treats the patient with respect, and creates a professional atmosphere.

Since its opening, the Center has become a medical authority and has



PHOTO COURTESY OF THE CHISINAU WWC.

The Dalila WWC provides patients with a wide range of educational materials.

Центр здоровья женщин «Далила» предоставляет родителям широкий спектр материалов по санитарно-гигиеническому просвещению.

gained much recognition throughout the city of Chisinau. Both World Bank and WHO experts have recognized the Dalila Center as a highly productive prototype, and have recommended it as a model for healthcare reform in the Republic of Moldova. Through efforts of Dalila and UNFPA, we replicated our Center in Drokia, in the northern part of the country.

As a modern medical institution, the Dalila Center provides high-quality

medical counseling and gynecological services, specialized gynecological consultations for adolescents, obstetrics counseling for pregnant women, family planning and modern contraceptive services, menopausal counseling and treatment, general health check-ups, family doctor counseling, diagnosis and treatment of other diseases commonly affecting women, and clinical and laboratory tests using rapid-result diagnostic techniques. We are also capable of performing ultrasound tests and mammograms using quality, western-standard equipment for both diagnostic and preventative purposes.

*While a visit to a doctor is rarely delightful, at our Center the staff greets the patient with a warm welcome, treats the patient with respect, and creates a professional atmosphere.*

Dalila is closely affiliated with its next door neighbor, CEVA, a crisis center where patients can receive individual psychological counseling, particularly in emergency situations—emotional and physical violence, rape, and incest—or take part in relaxation-training sessions. Additionally, meetings with a lawyer can be scheduled to discuss family violence issues and a telephone hotline operates around the clock to offer assistance, advice, or maybe just someone to talk with in times of trouble.

One of Dalila's priorities is to inform and train the population in disease prevention techniques. This information is delivered directly through information and education classes, which are taught according to specific curricula, customized to certain audiences, such as adolescents, newlyweds, pregnant women, and premenopausal and menopausal women. It should be noted that the program for pregnant women directly involves their partners as well. Husbands, at their

## Chisinau, Moldova

discretion, may participate in the "Partners in Birth" program, thereby assisting their wives psychologically and morally with the delivery of their child. High importance is also given to our breast cancer prevention and early detection programs.

Dalila's information and education classes make use of interactive teaching methods, advanced information technology and didactic materials, handouts, the Internet, and audiovisual equipment. The Center serves as a clinical base for the training and professional development of family physicians and medical residents in the reproductive healthcare and family-planning fields.

The Center's medical professionals are responsive to patient needs, possess advanced skills, and are willing to give maximum attention and support to each patient.

### ABOUT THE CHISINAU WWC

Date opened: June 1997  
AIHA Partnership: Chisinau/Minneapolis

Center Director: Dr. Boris Gilca  
Address: Dalila Women's Wellness Center  
Medical Territorial Association "Botanica"  
5 -B Dacia Street,  
Chisinau, Moldova 2038  
Telephone: + 3732 53-41-90  
Fax: + 3732 53-43-48  
Hotline: + 3732 53-24-06  
e-mail: whc@dalila.mldnet.com

For more information on AIHA, visit [www.aiha.com](http://www.aiha.com).

04/01

