

The Dubna WWC is located on the premises of a maternity clinic affiliated with the central maternity house of Dubna. It was the first WWC in Russia established by AIHA partners. The Center is outfitted with modern equipment and training resources, and its goal is to provide comprehensive medical care and promote healthy lifestyles. Since opening, the Center has served 29,931 patients, 95 percent of whom are between the ages of 15 and 49.

breast self-exams, clinical examinations during check-up visits, breast ultrasound diagnostics, and, when necessary, patient referrals to the Moscow Oblast Cancer Clinic for treatment.

The Center utilizes the local media for community outreach programs. Both Dubna radio and television stations have conducted a series of programs on STIs, inflammatory illnesses of a woman's reproductive system, and family planning. A number of



PHOTO: BARRY KINSELA

The WWC staff consists of four OB/GYNs, an internist, and a psychologist.

Персонал Центра состоит из четырех акушеров-гинекологов, терапевта и психолога.

The Center includes a registration room, a family planning office, two gynecological offices, and one classroom, in addition to other facilities. Two OB/GYNs focus their activities on those related to family planning, while two administer to regular visits. There is also an internist, as well as a psychologist.

The Center offers:

- prenatal care and education, "Partners in Birth" prenatal training, and breast-feeding classes;
- prevention, detection, and treatment of sexually transmitted infections (STIs), including HIV/AIDS;
- counseling on modern methods of family planning and distribution of contraceptives;
- adolescent health classes in sex education, STI prevention, and promotion of a healthy lifestyle; and
- early breast, uterine, and cervical cancer detection.

The early detection of breast cancer program includes patient education on

publications on this and other related topics are periodically published in a local newspaper, *The Peace Square*.

Dubna adolescents are educated through lectures given by Center staff at local schools—16 to date—where they are taught about physiology, STIs, psychology, and breast health. A new educational course on conflict management has recently been introduced as well.

The Center has also worked with the International University of Dubna and the "Rebirth" Center for Alcoholism Treatment to conduct a mass media campaign on the early detection of alcoholism and drug abuse among adolescents and adults. Additionally, the WWC participates in a city initiative on domestic violence that has been developed under the auspices of the Sister City Program with La Crosse, Wisconsin. This initiative aims to address domestic violence issues by establishing a crisis center and promoting community education.

Dubna, Russia

The WWC's goal is to provide comprehensive medical care and to promote a healthy lifestyle.

ABOUT THE DUBNA WWC

Date opened: April 27, 1998
AIHA partnership: LaCrosse/Dubna

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04/01

